

MOVING FORWARD TOGETHER: INNOVATION AND ANTI-RACISM
APRIL 11, 2024



MESSAGE FROM THE CHAIR

Dear All,

Spring is upon us and we have had a few gloriously beautiful days! I hope you have had some time to enjoy them.

You may know that this is a very busy time of year. We are working on the budgets for next year (thanks to all of you who help with this!). We are in our usual hiring season stretch to find fantastic talent for our clinical, research and education missions. We are preparing to graduate yet another stellar class of trainees and welcome the next. Finally, we are working on the Executive Summary which is a report to the Dean and CEO about what Penn Psychiatry has accomplished this academic year and what our goals are for next year. I thank those of you who contributed material for that report. I will tell you all about it during the State of the Department meeting in June.

Meanwhile, demand for our services has never been greater. There has been tremendous growth in our clinical footprint, and we plan to grow further. We are optimistic that we will receive support from the health system to add some new TEAM pods and are working to expand Penn Integrated Care (our instantiation of the collaborative care model) to Ob-Gyn and Oncology. We are working hard to increase access while maintaining the high quality of care that we deliver.

In terms of Research, we are excited to be planning a Research Day for October 2024. It will be a great opportunity to learn about what different research groups are up to and to meet new potential collaborators. We will also have a reception so people can mingle. It should be super fun. More on that soon!

As well, the match for the psychiatry residency and the psychology internship yielded outstanding results and we are looking forward to welcoming these new trainees. We also just received a request from NIMH for our “just in time” materials which suggests it won’t be long before we receive the Notice of Grant award for our Research Track grant (R25) award. This grant supports outstanding scientists who come to train to be psychiatrists and further develop their research skills.

Finally, I want to thank you for everything you do. Penn Psychiatry faculty, staff and trainees work very hard and I know how busy you all are. The fact that we are addressing the country’s mental health crisis through direct clinical services, research to discover and test interventions for MH issues and education of the next generation of clinicians and researchers should make you feel proud. I also acknowledge the important work that our finance and admin teams do. Nothing could happen without them!

As usual, I want to remind you about how lucky we are that our work provides ample opportunities for altruism which we know increases our resilience. I am incredibly grateful to have the privilege of working with you all. Happy Spring!

Warmly and with gratitude,
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Maria A. Oquendo, MD, PhD
Ruth Meltzer Professor and Chairman of Psychiatry

Perelman School of Medicine, University of Pennsylvania
Psychiatrist in Chief, Hospital of the University of Pennsylvania

THE DAILY PENNSYLVANIAN

On January 30th, 2024 The *Daily Pennsylvanian* published, “Who are Penn’s most-cited researchers? Here’s what the DP found”, by Sina Shaikh.

Every researcher included in the analysis was cited at least 6,000 times, and the top 500 researchers each had more than 15,000 citations.

Click [here](#) to read the article. From there you can access the list.

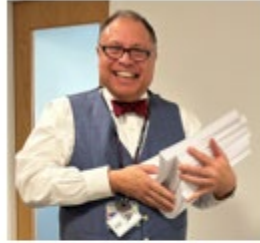
Congratulations to all, especially those from Penn Psychiatry

CONGRATULATIONS KATE INGRAM



Congratulations Kate Ingram on the outstanding achievement of winning the Preceptor of the Year award for her work with the Psychiatric-Mental Health Nurse Practitioner program at the University of Pennsylvania School of Nursing. This award is a testament to her hard work, expertise, and dedication to nursing. Kate’s guidance, mentorship, and support have played an essential role in shaping the future generation of healthcare professionals. Kate’s dedication and expertise are invaluable and appreciated.

PHILADELPHIA PARKING AUTHORITY



Congratulations to Penn Medicine EAP on being awarded a 5-year contract with the Philadelphia Parking Authority. RFP contributors included Ron Andujar, Susan Weinstein, Ben Evans and Patrick Mahanger.



Penn Medicine EAP provides confidential counselling, care and support to assist organizations progress and promote a more preemptive, preventive approach to workplace mental health to safeguard the wellness and wellbeing of their employees by helping them manage the complexities of life.

THANK YOU FOR YOUR SERVICE.

Vision

Promoting health for the brain and mind to transform lives and the world.

Mission

Penn Psychiatry develops and implements new ideas to understand, prevent, and treat disorders of the brain and mind, through innovative research and discoveries, outstanding educational, world-renowned clinical services, and transformational public health policies.

Click [here](#) to access the Penn Psychiatry website.

Click [here](#) to access the CPUP Committee on Anti-Racism